

Job Title: **Behavioral Health Counselor**

## **JOB SUMMARY**

The candidate for this behavioral health position is proficient in behavioral health strategies to help patients manage chronic pain, addiction, anxiety and depression. This position is critical in assisting the clinical team in developing treatment strategies, identifying potential hurdles to recovery, and promoting coordination of care. The behavioral health counselor often acts as a patient advocate and, at times, a liaison between outside and/or referring clinicians. This position involves on-going communication with the Medical Doctor, Physical Therapist, Nutritionist and Functional Providers. In addition, the Behavioral Health counselor typically directs group therapy, incorporates family and social support systems, and promotes peer relations among patients. Preferred therapy modalities include EMDR and CBT therapies.

## **ESSENTIAL FUNCTIONS**

- Provides group and individual therapy
- Conducts Intakes and initial assessments to assist in determining candidacy and treatment planning for the program
- Assists in the coordination of care across disciplines which includes communication with the Medical Doctor, Director of Physical Therapy and the Yoga Instructor and Nutritionist
- Attends all team and patient related meetings for coordination of care
- Attends marketing meetings and presentations as requested
- Directs, coordinates and conducts staffing with patients and nurse case managers
- Maintains contact with referring physicians and patient's family when appropriate
- Performs other related tasks and duties as assigned including outcome tracking and administrative tasks.

## **SKILLS & QUALIFICATIONS**

- LCSW, LAC, LISAC, LPC, Masters level degree or doctorate in counseling and psychology fields
- Knowledge of the physical and psychological effects of chronic pain
- Experience working with patients who have chronic pain preferred
- Strong communication skills to work effectively in a multidisciplinary team
- May be required to lift materials weighing up to 25 lbs.